Notes

Chapter 1

1. M. Scott Peck, MD, The Road Less Traveled: A New Psychology of Love, Traditional Values, and Spiritual Growth (New York: Simon & Schuster, 1978), 15.

2. Ibid.

3. Judy White Edelson, "Not All Bridges Can Be Burned," Newsweek, December 13, 1993, 8.

4. Bill Hybels, Who You Are (When No One's Looking) (Downers Grove, IL: Inter Varsity, 1987), 29.

5. Henry Cloud, Integrity: The Courage to Meet the Demands of Re-ality (New York: HarperCollins, 2006), 200.

Chapter 2

1. "Girl, Guide Drown in BWCA: 17-year-old Church Camper from Iowa Pulled Under, 24-year-old Man Dies Trying to Save Her," St. Paul Pioneer Press, August 1, 2002.

2. C. S. Lewis, quoted in Charles Colson, The Good Life: Seeking Purpose, Meaning, and Truth in Your Life (Carol Stream, IL: Tyndale, 2005), 120.

3. Scott Waddle, The Right Thing (Nashville: Thomas Nelson, 2003), 234.

Chapter 3

1. Bill Hybels, Who You Are (When No One's Looking) (Downers Grove, IL: Inter Varsity, 1987), 47.

Chapter 4

1. Max Lucado, A Gentle Thunder: Hearing God through the Storm (Dal-las: Word, 1995), 30.

2. Kerry Shook and Chris Shook, One Month to Live: Thirty Days to a No-Regrets Life (Colorado Springs: WaterBrook, 2008), 13.

3. Andy Stanley, The Next Genera-tion Leader: Five Essentials for Those Who Will Shape the Future (Sisters, OR: Multnomah, 2003), 29.

4. Lance Armstrong, It's Not about the Bike: My Journey Back to Life (New York: Berkley Books, 2000), 191, 194.

5. Ibid., 218-20.

6. Shook and Shook, One Month to Live, 16.

7. Jim Collins, Good to Great: Why Some Companies Make the Leap... and Others Don't (New York: Harper-Collins, 2001), 139.

8. Lloyd Reeb, From Success to Sig-nificance: When the Pursuit of Success Isn't Enough (Grand Rapids: Zonder-van, 2004), 105.

9. Max Lucado, Cure for the Com-mon Life: Living in Your Sweet Spot (Nashville: Thomas Nelson, 2005), 148.

10. Marcus Buckingham, Go Put Your Strengths to Work (New York: Free Press, 2007), 89.

Chapter 5

- 1. Sam Walton and John Huey, Sam Walton: Made in America (New York: Doubleday, 1992), 35.
- 2. Oren Dorell, "Lottery Winners' Good Luck Can Go Bad Fast," USA Today, February 26, 2006.

3. Andy Stanley, The Principle of the Path: How to Get from Where You Are to Where You Want to Be (Nashville: Thomas Nelson, 2008), 14.

4. Ibid., 55.

5. Henry Cloud, Nine Things You Simply Must Do to Succeed in Love and Life: A Psychologist Learns from His Patients What Works and What Doesn't (Brentwood, TN: Integrity, 2004), 74.

Chapter 6

- 1. Travis Bradberry and Jean Greaves, Emotional Intelligence 2.0 (San Diego: TalentSmart, 2009), 7.
- 2. Jim Collins, Good to Great: Why Some Companies Make the Leap... and Others Don't (New York: Harper-Collins, 2001), 127,
- 3. Jim Citrin, "Tapping the Power of Your Morning Routine," www.finance.<u>yahoo.com</u>, January 30, 2007.
- 4. Lisa Rogak, Haunted Heart: The Life and Times of Stephen King (New York: Thomas Dunne Books, 2009), 93,
- 5. "An Interview with John Grisham," San Francisco Chronicle, February 5, 2008.
- 6. C. S. Lewis, Surprised by Joy (New York: Harvest Books, 1955), 136.
- 7. Phillip C. McGraw, Family First: Your Step-by-Step Plan for Creating a Phenomenal Family (New York: Free Press, 2004), 43.

8. Ibid., 48.

9. Dr. Ron Jenson, Make a Life, Not Just a Living: Ten Timeless Life Skills That Will Maximize Your Real Net Worth (Nashville: Thomas Nelson, 1995), 11.

Chapter 7

- 1. Human Performance Institute, "Energy for Performance Course," workbook, 2007, 14.
- 2. John M. Gottman, PhD, and Joan DeClaire, The Relationship Cure: A Five-Step Guide to Strengthening Your Marriage, Family, and Friendships (New York: Three Rivers Press, 2001), 4.

3. Ibid.

4. Matthew E. May, The Elegant Solution: Toyota's Formula for Master-ing Innovation (New York: Free Press, 2007), 43.

5. Ibid., 49.

6. Jennifer Silvera, Believe: A Young Widow's Journey through Brokenness and Back (Grand Rapids: Kregel, 2009), 52.

- 7. Ibid., 81.
- 8. Ibid., 27.
- 9. Ibid., 60.
- 10. Ibid., 105.
- 11. Ibid., 110.
- 12. Ibid., 110, 114, 120.

Chapter 8

1. Henry Cloud, Integrity: The Courage to Meet the Demands of Re-ality (New York: HarperCollins, 2006), 229.

2. Ibid.

3. Ibid., 230.

4. Erwin Raphael McManus, Seizing Your Divine Moment: Dare to Live a Life of Adventure (Nashville: Thomas Nelson, 2002), 147,

5. Cloud, Integrity, 211.

Chapter 9

1. Leanne Italie, "Divorce Lawyers: Facebook Tops in Online Evidence,"<u>www.news.yahoo.com</u>, June 28, 2010.

2. Wayne Cordeiro, The Divine Mentor: Growing Your Faith as You Sit at the Feet of the Savior (Bloomington, MN: Bethany, 2007), 59.

3. Erwin Raphael McManus, Seizing Your Divine Moment: Dare to Live a Life of Adventure (Nashville: Thomas Nelson, 2002), 22.

Chapter 10

1. Lynne and Bill Hybels, Redis-covering Church: The Story and Vision of Willow Creek Community Church (Grand Rapids: Zondervan, 1995), 108.

2. Marcus Buckingham and Curt Coffman, First, Break All the Rules: What the World's Greatest Managers Do Differently (New York: Simon & Schuster, 1999), 79.

3. Dan Pierson, "Holmgren Hero to NFL's Top QBs," Chicago Tribune, December 26, 1996

Chapter 11

1. James MacDonald, I Really Want to Change... so Help Me God (Chi-cago: Moody, 2000), 26.

2. Larry Crabb, "The Sure Route to Madness," Conversations: A Forum for Authentic Transformation 1 (Spring 2003): 10.

3. MacDonald, I Really Want to Change, 63.

Chapter 12

1. Gary Chapman, The Five Love Languages: How to Express Heartfelt Commitment to Your Mate (Chicago: Northfield, 1992), 15.

2. Shauna Niequist, Cold Tanger-ines: Celebrating the Extraordinary Na-ture of Everyday Life (Grand Rapids: Zondervan, 2007), 165, 167.

3. Ibid., 168.

- 4. Ann Wells, "What Special Some-day Are We Saving For?" Los Angeles Times, April 14, 1985.
- 5. C. S. Lewis, Mere Christianity (New York: Macmillian, 1952), 87.